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**Time Robbers:**Many stimuli may rob us of time throughout the day. Minimize these time robbers, and you will become time masters!

* + Body: inappropriate movement, bio breaks, tired, hands on others
  + Conversation/sounds: inappropriate conversations, voice level, environmental sounds
  + Materials: disorganized materials, losing materials, forgetting materials, wrong materials
  + Environment: personal/shared space, overstimulating room decor, clutter